

WINGSPREAD

Randolph Air Force Base ♦ Texas

60th Year ♦ No. 7 ♦ February 24, 2006



Demonstration team maintainers recover a T-6 after a certification flight Feb. 13. (Photo by David Terry)

T-6A Demo Team launches new season

By Bob Hieronymus
Wingspread staff writer

The Air Education and Training Command’s West Coast T-6A Demonstration Team is now certified and ready to tour after receiving the AETC commander’s signature of approval Feb. 9.

The team is scheduled for 22 performances around the country this year, including an appearance at the Lackland Air Show Nov. 4-5.

The team consists of two pilots, three safety observers, two narrators and six crew chiefs.

“When we deploy for a show we normally take just five people on the road,” said Capt. Jeff Stift, the team chief, “We take both pilots, one observer, one narrator, and three crew chiefs to keep the planes in their best flying condition.”

Although the team only flies one T-6 in the demonstration, they take two to each show so that, in case of a problem, they don’t have to cancel the show, the captain said.

Both Captain Stift, Lt. Col. Carey McKinney, the other pilot, and the safety observers are all T-6A instructor pilots from the 558th Flying Training Squadron, so flying the T-6 is part of their daily work routine, Captain Stift said.

Maj. Brian May, an AETC safety officer, said he

enjoys being the team’s narrator. He is also attached to the 558th FTS as an instructor pilot.

“I was on the team last year as a narrator, and I volunteered to do it again,” said Major May. “I really have fun doing it.”

“People from 9 to 99 come up to you after the shows to shake your hand and say thanks,” he said. “But we can also say thanks to them for making it possible for us to serve them and the country.”

Corky Atkin of the 12th Maintenance Division is the team’s head crew chief. He’s in charge of not only the maintenance of all the T-6A aircraft on Randolph but also keeping the six demonstration team crew chiefs looking their best.

“Spit and polish is an old military tradition,” he said. “Our line maintenance people prove that tradition is not lost just because they’re civilians. But polished boots don’t take the place of first class maintenance. These guys know their airplanes!”

The demonstration, which showcases the full flight regime of the T-6A Texan II trainer, lasts about 12 minutes.

“We do loops, rolls, barrel rolls and eight-point rolls,” Captain Stift said, “All the maneuvers we instructor pilots learn to teach and Air Force student pilots learn to master during undergraduate training. We do vertical figure eights too, going into our maneuvers at

310 miles per hour. It’s really fun flying.”

After the first part of the show, the demonstration transitions into a 6-minute heritage flight routine with a World War II vintage T-6 Texan. All of the vintage aircraft are civilian-owned, but the pilots are all former military members and highly skilled pilots. They fly either the Air Force version of the plane, the AT-6 Texan, or the Navy version, the SNJ.

Bill Collins, from Fort Worth, Texas, heads up the team of heritage pilots. During his Air force career he was, among other assignments, a T-38 instructor pilot with the 560th Flying Training Squadron.

“Ever since I bought my first AT-6 in 1987, I’ve been in love with the airplane,” Mr. Collins said. “With its 600 horsepower up front, it’s a fun airplane to fly. Plus the pilots who flew them during World War II really appreciate seeing it added to the air shows.”

The heritage team consists of seven pilots living in cities around the country who make arrangements to join with the Air Force demonstration team when they can fit it into their schedules. The heritage pilots are eager to maintain high levels of flying proficiency to keep their place on the team, Mr. Collins said. The Air Force pays only their expenses at the shows but the aircraft owners are responsible for costs of their own maintenance.

12th Flying Training Wing Training Status												
Pilot Instructor Training <div>As of Monday</div>			Navigator, EWO Students				Wing Flying Hour Program					
			562nd FTS		563rd FTS			Aircraft	Required	Flown	Annual	
Squadron	Seniors	Overall	CSO/NFO		CSO		Graduate EWO	T-1A	3969.0	4063.5	10,725	
99th FTS	3.0	0.9	USAF	245	OPS	20	International	0	T-6A	6352.0	6347.6	17,196
558th FTS	-6.0	-1.8	Navy	63	Advanced EW	23	EW Course	0	T-37B	1897.2	1898.2	5,796
559th FTS	-6.0	0.8	International	3	Integration	21	Intro to EW	0	T-38C	3462.8	3567.2	9,937
560th FTS	-0.3	3.2	Total in Training	311		64		0	T-43	1477.4	1412.3	3,982
Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.			Numbers reflect students currently in training. The 562nd shows source of combat systems officer students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.						The required and flown numbers reflect hours flown between Oct. 1, 2005 to date. The annual numbers are total hours for fiscal year 2006.			

AIR AND SPACE
EXPEDITIONARY
FORCE

As of Monday, 136 Team
Randolph members are
deployed in support of
military operations
around the globe

Commander's Action Line

Call 652-5149 or e-mail
randolph.actionline@randolph.af.mil



While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better. In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

Col. Richard Clark
12th Flying Training Wing commander

Agency Contact Numbers

12th FTW IG	652-2727
12th FTW Legal Office	652-6781
Base Exchange	674-8917
Civil Engineers	652-2401
Civilian Pay	652-6480
Commissary	652-5102
EEO Complaints	652-3749
Equal Opportunity	652-4376
FW&A Hotline	652-3665
Housing Maintenance	652-1856
Military Pay	652-1851
Randolph Clinic	652-2933
Safety Office	652-2224
Security Forces	652-5509
Services	652-5971
Sexual Assault	
Response Coordinator	652-8787
Straight Talk	652-7469
Transportation	652-4314

“PROTECT YOUR WINGMAN”

DUI...
It's a crime
not a mistake

Team Randolph's
last DUI was
August 2, 2005

Information superiority wins wars, saves lives

By Dennis J. Cassette
Aeronautical Systems Center
Engineering Directorate director

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFMCNS) – It is often said that two heads are better than one or that achieving a goal is better done through the efforts of many, rather than by an individual.

Network centric warfare builds on these common phrases - it's all about sharing information in order to achieve better results. In short, it's a type of synergy.

Information superiority has proven to be a key component of mission success in the battle space. Traditionally, our forces have relied on direct communications to exchange battle space situational awareness, target information and mission tasking.

The demand for a higher quality and quantity of information to support the warfighter has been growing. The idea is to achieve many mission objectives while enhancing mission survivability. Data link networks have been evolving over the past two decades to meet this demand by adding more information handling capacity and security features.

Unfortunately, the demand has been quickly out-growing the available capacity of the networks, and the variety of mission information requirements has also caused the evolution of numerous data networks that do not work well with each other. The concept of operations for many weapon systems today require that information is shared between these many diverse networks in order to meet mission timelines.

In the past, our aircraft platforms have implemented communication systems to meet their own communication objectives, and have not had the requirements or funding to

“The demand for a higher quality and quantity of information to support the warfighter has been growing. The idea is to achieve many mission objectives while enhancing mission survivability.”

implement advanced systems to provide information across the strike package. Additionally, there have been numerous networking technologies developed over the past few years that have potential to enhance information sharing. Most have not yet proven through mission analyses that they can provide an increased benefit to the warfighter at a reasonable cost.

To enable network centric warfare operations, information flow between multiple types of weapon systems is critical. Having an infrastructure of common methods of communication, and common computational and processing approaches and equipment, is a good start but is not sufficient to provide a mission capable solution that is needed by the warfighter.

Understanding what information is needed, when it is required, and how it will be used in solving an operational problem is essential to provide the warfighter with the capabilities envisioned in the Joint Chiefs of Staff 2020 Vision.

To make this possible, Aeronautical Systems Center's Engineering Directorate is applying a structured engineering process to analyze various evolving networking technologies in their contribution to overall mission success, rather than on the basis of individual platform performance. ASC

Engineering is evolving its modeling and simulation tools to analyze the complexities of information sharing within a networked strike package and its contribution to mission success. In other words, a given solution must earn its way onto a weapon system based on best value and benefit to warfighter missions, not because it is the latest technological innovation. ASC Engineering modeling and simulation tools will be instrumental in evaluating these new networked capabilities before materiel solutions are fielded.

Key capabilities provided by the network in this scenario include:

- identification of enemy forces by ground/air assets
- tracking and targeting by friendly forces using a mix of strike and ISR assets
- battle management of ISR, C2, and strike assets
- engagement with Navy, Air Force, Army and coalition assets
- engagement against mobile ground targets using post-launch control of non-sensor equipped air to ground weapons.

There are many scenarios. Each one will require evaluation of the network's contribution to mission success including technologies that comprise the network. The evaluation results will support recommendations to the warfighter for future development and deployment of systems needed to support network centric warfare operations.

Fielding these complex networked systems to meet warfighter's performance expectations will be a significant challenge. ASC Engineering is in the forefront of developing and maintaining state-of-the art system engineering processes and tools for acquisition wings, groups and squadrons to provide warfighters this appropriate level of network centric warfighting capability.

WINGSPREAD

12th Flying Training Wing

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Editorial content is edited, prepared and provided by the Public Affairs Division of the 12th Flying Training Wing in accordance with local policy and style guidance. All photos, unless otherwise indicated, are U.S. Air Force photos.

Articles for the newspaper should be submitted by noon Thursday the week prior to the desired publication date. Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in room 110 of Building 100.

Articles may also be sent by e-mail to wingspread@randolph.af.mil or by fax at 652-5412 or base ext. 7-5412.

For more information about submissions, call 652-5760 or base ext. 7-5760.

Congratulations Retirees

Today

Master Sgt. Eric Barnes
Air Force Personnel Center

Retirement announcements should be submitted to the Wingspread office by noon Friday two weeks prior to the desired date of publication. E-mail announcements to randolph.retiree.messages@randolph.af.mil or fax them to 652-5412. For more information, call the Wingspread office at 652-5760.

People can take the Wingspread Web-based survey at
www.afnews.af.mil/internal/survey-/survey_index.htm.

Ready, set, stock



Vendors prepare to stock the shelves at the commissary Thursday. The commissary is closed today and reopens Saturday at 8 a.m. The newly remodeled store’s grand opening ceremony is March 7 at 8:30 a.m. During the event, which is open to the base public, there will be giveaways, shopping sprees, a cookie stacking contest, discounted prices and chances to win a truck and a motorcycle. After the ceremony, the store will open for business. (Photo by Steve White)

Air Force announces uniform changes

Good Conduct Medal no longer awarded, several changes made for women

The 97th Air Force Uniform Board released their newest results for proper wear of the uniform earlier this month. The board met in October and discussed everything from eliminating the Air Force Good Conduct Medal to maternity uniforms.

The following changes are effective immediately:

- Approval to wear the blue nametag with the Air Force informal uniform. The member’s abbreviated rank and name will be on one line. This uniform is worn by recruiters, honor guard, enlisted aides, chaplains, chaplain assistants, world-class athletes, and fitness and health and wellness center staff members.
- Cummerbund pleats will face up in all cases.
- If due to a temporary medical condition, such as chemotherapy, results in baldness, commanders will authorize the approved American Cancer Society cap, wigs or baldness while in uniform.
- Bracelet size is reduced to one-half inch. Bracelets that support a cause, philosophy, individual or group are not authorized. Traditional POW/MIA bracelets are still permitted. Gemstone and tennis bracelets are only authorized while wearing the mess dress.
- Rings will be worn at the base of the finger and will not be worn on the thumb. Wedding sets count as one ring.
- Eyeglasses will not be worn around the neck, on top or back of the head or hanging on uniform.
- New epoxy blue nametag is optional on the blue shirt.
- Wear of the firefighter duty badge is authorized while an individual is assigned a 3E7X1 duty Air Force specialty code, including periods of professional military education and staff tours above group level.
- Wear of the security forces duty badge and beret is authorized while an individual is

assigned a 3PXXX duty AFSC position and is also their primary AFSC, including PME attendance and staff tours above group level.

- Mandatory wear of the physical training uniform is set for Oct. 1 as per the instructions released last November.
- Cell phones, pagers and personal digital assistants must be solid or covered in black, silver, dark blue or gray, and must be conservative. They may be clipped to the left side of the waistband or purse or carried in left hand. Only one may be worn on the uniform belt. Members will not walk in uniform while using phones, radios or hands-free headsets unless required in performing official duties using a government-issued device.
- Permanent wear of the scuba badge is authorized on the battle dress uniform.
- While not deployed, desert combat uniforms may not be worn unless en route to the basic combat convoy course. “Deployed” for this purpose includes members traveling en route to/from rest and recuperative leave from the Central Command area of responsibility, as outlined in policy announced in mid-2005.

The updates will be added to Air Force Instruction 36-2903 when the new version is released in March.

In addition, the board approved the design and development of the Headquarters, United States Air Force Identification Badge. The badge provides a distinct identification of military staff members assigned to Air Force headquarters and the Air Force Secretariat. After assignment, wear will indicate that the service member has satisfactorily served on the Air Staff or Secretary of the Air Force’s staff.

Permanent wear of the badge is authorized for people currently or previously assigned to a qualifying position for at least 365 consecutive days. The badge is projected to be available for purchase in the summer of 2006.

Women’s Dress and Appearance

This session of the Air Force Uniform Board included a special panel that was specifically chartered to make recommendations regarding updates and revisions to uniform standards affecting women Airmen. After review, the board approved the following changes that affect women specifically:



- “Scrunchies” are prohibited
- Hairpins and bands must match hair color
- Hair color, frosting and highlights will not be faddish and will match natural hair color
- No shaved head or flat top hairstyles
- Synthetic hair can be worn and must meet safety and mission requirements
- Braids, micro-braids and cornrows are authorized
- Nail polish will not contrast with complexion or detract from the uniform. Polish of extreme color, such as purple, gold, black, blue or any florescent color, is not authorized. Nail polish will also be limited to one color.
- French manicures are allowed, but fingernail length in all instances will not exceed one-quarter inch beyond the fingertip
- Male flight cap is optional
- Earrings will be small spherical, conservative diamond, gold, white pearl or silver with any uniform combination and must be worn as a set. For those with multiple ear piercing, only one set of earrings will be worn in the lower earlobe and will also conform to these earring wear standards when performing duty in civilian clothes.
- Clutch-style purses, purses with no more than two straps are authorized with mess dress



John Simonetta
Senior Civilian



Yolanda Olivarri
Intermediate Civilian



Patricia Wilson
Junior Civilian



Master Sgt. Rita Ambrose
Senior NCO



Tech. Sgt. Steve Nichols
NCO



Airman 1st Class Brittney Nanchy
Airman

AFPC announces annual winners

By Tech. Sgt. James Brabenec
AFPC Public Affairs

The Air Force Personnel Center honored its annual award nominees and winners during an awards luncheon at the Randolph Enlisted Club Feb. 9.

The following winners will compete for base-level Team Randolph awards March 2.

John Simonetta Senior Civilian

John Simonetta, an Air Force Personnel Operations Agency systems requirements analyst, captured the Senior Civilian category award. Mr. Simonetta expertly guided 28 mission critical system fixes for the Military Personnel Data System through 16 phases ensuring timely releases. During systems tests, he discovered critical errors and remedied more than 24,000 erroneous assignment reporting dates. His time-saving fix to the system precluded manual update of more than 1,800 assignments annually. He also carried 37 percent of the load for the next major Air Force systems release – an amount five times his peer average. His leadership and organizational skills led to a 30 percent increase in attendance to his unit's most successful holiday gathering.

Yolanda Olivarri Intermediate Civilian

Yolanda Olivarri received the Intermediate Civilian of the Year award. Ms. Olivarri, a human resource specialist with the Directorate of Civilian Employment, examined recruitment for 26 civilian career fields at 90-plus bases. She independently researched and answered more than 1,000 customer inquiries, nearly two-thirds more inquiries than her peers. Supervisors noted her expertise by selecting her to fill a position normally occupied by more experienced personnel that transitioned between four other work stations to improve productivity. Away from work, she organized a mall run team to support Jerry's Kids. She recently completed an associate's degree in public administration and is seeking a bachelor's degree in human resource management.

Other AFPC annual award winners

• Col. L. Joseph Brown Award - Directorate of Force Operations military equal opportunity office • Outstanding Staff-Level Military Equal Opportunity Award - Master Sgt. Irene Garcia-Goan • Outstanding Senior Personnel Manager of the Year - Lt. Col. Jimmy Standridge • Outstanding Junior Personnel Manager of the Year - Capt. Jeremy Johnson • Outstanding Personnel Superintendent of the Year - Master Sgt. Charlie Mills • Outstanding Personnel Technician of the Year - Staff Sgt. Celie Pettway • Outstanding Air Force Personnel Specialist of the Year - Senior Airman Tim David • Manpower and Organization Award for Professional Excellence - Master Sgt. Tyler Yager, Tech. Sgt. Lance Williams and Lori Marcum • Manpower and Organization Team Award - Directorate of Staff • Dr. Edwin C. Peterson awards: Senior NCO - Master Sgt. David Meador • NCO - Tech. Sgt. Al Velez • Gen. Robert J. Dixon awards: Maj. Rob Ramos, Letty

Inabinet and Senior Master Sgt. Jimmy Jones • Individual Mobilization Augmentee of the Year - Maj. Debbie Martinez • Communications and Information awards: Field grade officer - Maj. Tony Gamboa • Company grade officer - Capt. Mike Sinks • Senior NCO - Master Sgt. Patrick Ruth • NCO - Tech. Sgt. Jeff Klein • Civilian specialist - Rodney Daniels, Air Force Communications and Information • Lt. Gen. Harold W. Grant Award - Directorate of Personnel Data Systems • Outstanding Information Assurance Element Award - Directorate of Personnel Data Systems Information Assurance Branch • Outstanding Civilian Personnel Air Staff Program Manager - Dianna Spencer-Bell • Outstanding Civilian Personnel Action Officer - Sandra Rich • Outstanding Civilian Personnel Intermediate Program Manager - Lydia Lopez • Outstanding Civilian Personnel Specialist - Beverly Roussel • Outstanding Civilian of the Year - Kimberly Litherland

Patricia Wilson Junior Civilian

Patricia Wilson, a secretary in the Directorate of Assignments, received the Junior Civilian of the Year award. Ms. Wilson provided superior administrative guidance for a 54-member staff including managing 180 TDY orders and vouchers, 300 leaves, and 190-plus officer and enlisted reports. She also trained active duty members on the travel manager program providing key support to arriving and departing people. Ms. Wilson created a database to better track civilian annual and evaluation reports.

In addition, she rode with a local motorcycle club to collect and donate more than 300 gifts to needy children.

1st Lt. Merle Richard First Company Grade Officer

Lt. Merle Richard, project manager for Web applications for the Personnel Systems Division, is the Company Grade Officer of the Year. Lieutenant Richard discovered an unlawful intrusion into the Air Force's Assignment Management System and directed an immediate lock down to prevent further access. He also led a software upgrade of the Virtual Military Personnel Flight boosting system performance and availability worldwide. Lieutenant Richard attended workshops for managerial

development and to improve personnel systems security. As a Team Air Force Cycling member, he helped raise \$3,000 for multiple sclerosis research and raised money through the Bexar County Humane Society to care for 925 evacuated pets from Hurricane Katrina. Lieutenant Richard left Randolph for a follow-on assignment and was unavailable for a photo.

Master Sgt. Rita Ambrose Senior NCO

Master Sgt. Rita Ambrose received the AFPC Senior NCO of the Year award. Sergeant Ambrose, the first sergeant assignments NCO in charge for the Directorate of Assignments, maximized the developmental opportunities for 6,000 Airmen in 12 special duties. She also clarified the assignment process for First Sergeant Academy graduates providing career management knowledge. Boosting work center productivity, Sergeant Ambrose completed software certification courses enhancing her skills and improving suspense tracking. Off duty, she pursued a human resource management degree and benefited her community leading a set-up and decorations crew for a week-long child development center

See AFPC on page 5

NEWS BRIEFS

Medallion ceremony

Members of the Randolph community are invited to attend a medallion ceremony Thursday at 9:30 a.m. in the base theater to cheer on their nominees for the 2005 Team Randolph Annual Awards.

Each base organization nominated people in several categories for their performance in 2005 and the winners from the 12th Flying Training Wing and tenant units now compete for Randolph-wide honors.

Since only a few seats are available for guests at the awards banquet Thursday night, the ceremony in the theater gives everyone a chance to recognize their unit's nominees.

Winners will be announced in the March 10 Wingspread.

Change of command ceremony

Lt. Col. Brent Bigger takes command of the 562nd Flying Training Squadron from Cmdr. Tim Duening during a ceremony March 3 at 10 a.m. in Hangar 4.

Gas pumps closed temporarily

The Randolph base exchange service station gasoline pumps will be closed for environmental testing March 1 from 6:30-9 a.m. The station sales store will continue its normal hours during that time.

T-6 demonstration team activity

The Air Education and Training Command West Coast T-6A Texan II Demonstration Team hosts the Texan heritage conference today through Sunday. Flights featuring the World War II vintage Texan and the current T-6A Texan II will be flown on the east side of the base.

ADC office closure

The Randolph Area Defense Counsel office is closed March 6-10. In case of an emergency requiring ADC assistance, call the command post at 652-1859.

National Prayer Breakfast

Randolph holds its annual National Prayer Breakfast March 2 at 7 a.m. at the officers' club. Chaplain (Maj. Gen.) Charles Baldwin, Chief of the Air Force Chaplains Service, is the guest speaker.

People can purchase tickets for \$5 from the base chaplains' office or from unit first sergeants.

Senior NCO Academy instructors

The Air Force Senior NCO Academy is looking for active duty master or senior master sergeant alumni interested in instructing at the academy. Eligible senior NCOs must have a Community College of the Air Force degree or equivalent, meet or exceed fitness standards, have or be able to obtain four years retainability and meet time-on-station requirements for permanent change of station to Maxwell-Gunter Air Force Base, Ala.

For details, call Chief Master Sgt. Barbara Gill at DSN 596-1572.

Readership survey

Wingspread readers are asked to provide feedback about the Randolph base newspaper during its readership survey campaign.

People can take the Web-based survey at www.afnews.af.mil/internal/survey/survey_index.htm. During the login process, people are asked to provide a User ID with the suggestion they use their last name and last four digits of their social security number as the desired ID. For privacy concerns, users can enter another ID of their choosing.

Hearts of good will

Randolph Ambassadors Staff
Sgt. Keith Loudermill and Senior Airman Francisca Alaka, along with Col. William Watkins, 12th Flying Training Wing vice commander, read a Valentine's Day card to Elmer Lewis Jr. Feb. 17 at the Audie L. Murphy Memorial Veterans Hospital. The Valentines were made by Randolph Elementary School students. Military members were invited to visit with patients as part of the Annual National Salute to Hospitalized Veterans Program. (Photo by Melissa Peterson)



Good Conduct Medal award elimination explained

By Master Sgt. Mitch Gettle
Air Force Print News

WASHINGTON (AFPN) – The Air Force Uniform Board announced Feb. 6 that the Good Conduct Medal will no longer be awarded.

The Air Force director of Airman development and sustainment recently explained the reasons behind this decision.

"The quality of our enlisted personnel today is so high, we expect good conduct from our Airmen," said Brig. Gen Robert Allardice. "It begged the question, 'Why do we have a Good Conduct Medal?'"

"Having a medal for good conduct is almost to say we don't expect Airmen to do well, but if they're good we will give them a medal," he said. "It's kind of

insulting in our Air Force today."

One must look at the history of why the medal was created in the 1960s. The military was using the draft and involved in the Vietnam War. The Air Force didn't have any other method to recognize Airmen. Today, the Air Force Achievement Medal recognizes outstanding Airmanship.

"When we looked at that history it was clear that the Good Conduct Medal has outlived its usefulness," said Chief Master Sgt. of the Air Force Gerald Murray. "Today's all-volunteer force is committed to serving honorably, and good conduct is what we expect from every Airman – officer and enlisted."

"We live by our core values," Chief Murray said. "When members of our service stray from those values, they do

themselves and all Airmen a disservice. When that happens, commanders have the tools they need to evaluate the situation and the individual's worthiness for continued service.

"If a commander deems their conduct does not warrant discharge, then they remain a valuable Airman to our Air Force, and we expect them to continue to serve honorably," he said.

General Allardice said that it is the uniform, not the Good Conduct Medal, that represents what Airmen are all about.

"In today's Air Force, our Airmen understand that the uniform they wear represents good conduct," he said.

Airmen who have previously earned the Good Conduct Medal are still authorized to wear it.



Free tax assistance available on base

The Randolph Volunteer Income Tax Assistance Program is providing free federal income tax return preparation to active duty service members, retirees and family members who have a valid military ID card now through April 17.

Assistance is available by appointment only Monday through Friday from 9 a.m. to 3 p.m. The center is located on the first floor of the Taj Mahal, Building 100.

In addition to the tax center, military members can obtain assistance directly through their individual units, most of which have a unit tax advisor. UTAs undergo formal tax training from the IRS and are ready to offer the same tax assistance available through the center. Active duty members should primarily use their UTA to ensure timely service, as the tax center is the only base option for qualified family members and retirees.

Returns are generally filed electronically. Free electronic filing services are available through the IRS website at www.irs.gov. for those members who want to prepare and file their own taxes.

To schedule an appointment, call Chris Hull 652-1040.

AFPC

Continued from Page 4

care provider's appreciation luncheon, and she served as assistant coach for a youth T-ball team.

Tech. Sgt. Steve Nichols
NCO

Tech. Sgt. Steve Nichols, NCO in charge of Air Force promotion policy, was named NCO of the Year. Working for the Directorate of Personnel Programs Management, he executed the largest senior NCO supplemental board in five years, preparing more than 220 cases to provide fair and accurate promotion opportunities for those eligible. He also corrected inaccurate promotion effective dates for 160 Airmen resulting in more than \$29,000 paid to those Airmen. Off duty, Sergeant Nichols completed five classes toward a management degree; organized an Air Force Sergeants' Association-sponsored picnic for 150 developmentally disabled adults and families

in San Antonio; and supervised AFPC's annual NCO induction ceremony.

Airman 1st Class Brittney Nanchy
Airman

Airman 1st Class Brittney Nanchy was named AFPC Airman of the Year. Airman Nanchy, from the Directorate of Force Operations, provided Air Force identification card program expertise and solved 700-plus ID card requests.

The Defense Enrollment Eligibility Reporting System and Real-time Automated Personnel Identification System operations technician launched a Defense Department computer-based training program for ID card issuers standardizing training and program application Air Force-wide.

The Randolph Honor Guard member participated in 33 funeral ceremonies in 2005. She also partnered with her dorm manager to procure furnishings for three dayrooms to improve the quality of life for 100 residents.

Seeking professional and personal development, she is pursuing a human resources management degree.

Base observes National Women's History Month

By Jennifer Valentin
Wingspread staff writer

Randolph joins the nation in celebration of Women’s History Month in March.

This year’s base committee has several events planned to honor those women of the past and present starting with a luncheon March 3 at 11:30 a.m. in the enlisted club.

Guest speakers include Col. Lloyd Reinke, Air Education and Training Command command nurse; Floy Simmons, family support center community readiness consultant; and Senior Airman Francisca Alaka, Randolph Ambassador.

This year's theme is *Women: Builders of Communities and Dreams*. It honors the spirit of possibility and hope set in motion by generations of women in their creation of communities and their encouragement of dreams, according to the National Women’s History Project Web site.

“We are the product of amazing women who fought over the adversity of their times and worked hard to find a place in society,” said Capt. Laura Ramos, military equal opportunity office chief.

The purpose of the annual women's history month observance is to share the stories of women's achievements and look at how they have impacted today’s society, the captain said.

“From housewives to generals, women from the past have left us an immense heritage that we must respect and utilize to empower prosperity and equality in the world,” said Captain Ramos. “Women’s accomplishments are many.”

In 1980, President Jimmy Carter issued the first



Members of the Women's Auxiliary Army Corps Circa 1942. (Courtesy photo)

- In World War I, aside from nurses, there were no women actually on military status except for the Navy’s few yeomanettes (petty officers assigned to clerical duty)
- In 1942, Congress authorized the establishment of the Women's Army Auxiliary Corps, later changed to the Women's Army Corps, training women for duty with the Army and Army Air Forces

Presidential Proclamation asking American people to remember the contributions of women. By 1987, 14 governors had declared March as Women's History Month. The same year, Congress declared

March as National Women's History Month.

A final list of events will be announced next week. People interested in attending the luncheon should contact Master Sgt. Elvira Simpson at 652-3995.

You’re hired!

Family support center promotes employment resource area

By Jennifer Valentin
Wingspread staff writer

Have you just moved to the area and want to learn about local employment? Are you recently retired but not sure how to go about looking for a job?

Then visit the Employment Resource area at the family support center and see what they can do for you.

“The family support center is a great place to start when looking for a job,” said Chris Morrow, community readiness consultant. “We have resources available for those who are just starting out or those who have been involved in the job market for a while.”

A resource area is available with computers for job searching and resume preparation, Ms. Morrow added. The area also has job announcements provided by local and national employers posted on both bulletin boards and in various notebooks.

Free information on subjects such as resume writing,

salary negotiation and interviewing skills is also available as part of the program.

“Workshops are also conducted quarterly on salary negotiation, interviewing skills and resume writing,” said Beth McKinley, family support center director.

The resume writing workshop is the most popular, teaching the basics from what to include in a resume to the various formats and how to present it, she said. The workshop also provides some information on applying for federal jobs.

After candidates have a resume written, Ms. Morrow is available by appointment to review them and offer suggestions.

“During the interview skills workshop, candidates are taught how to present themselves during an interview,” said Ms. Morrow. “Among other things, we offer suggestions on what people should take with them to an interview, how to dress and how to speak to prospective employers.”

Another important factor when talking to an

interviewer is to know what salary to expect.

“Our salary negotiations workshop helps candidates feel confident about talking to employers about pay and the range of pay they think they deserve,” Ms. Morrow said.

The FSC is currently seeking input from Air Force active duty spouses concerning what type of training courses would help them with future employment opportunities.

“The FSC recently received approval to offer a scholarship grant from the Air Force Aid Society to active duty Air Force spouses to further their employment skills,” Ms. Morrow said. “Possible areas may include the medical field, travel industry or computer-related jobs. But, if there are other types of training spouses have in mind that would be helpful, we can take those into consideration too when we award the grant.”

For details about grants or employment assistance, call Ms. Morrow at 652-5321, extension 236.



CELEBRATING
AFRICAN-AMERICAN
HISTORY MONTH
2006

“Tuskegee was hard work. We trained hard and we worked hard. But we knew what we were doing meant something. We were paving the way for future generations.”

John Miles



John Miles points out images on the Tuskegee Airmen heritage wall at the 99th Flying Training Squadron to friend Mildred Jones. He recently visited the unit he was assigned to in the 1940's. (Photos by Staff Sgt. Lindsey Maurice)

Those were the days

Former Tuskegee Airman, Negro Baseball League player reminisces

By Staff Sgt. Lindsey Maurice
Wingspread editor

The man stood silent, captivated by the hundreds of images on the wall before him. The memories of one of the most pivotal times in his life and American military history surfaced with every square foot.

The sepia images of pilots, navigators, bombardiers, maintenance crews and support personnel displayed on the mural that runs the length of the hallway at the 99th Flying Training Squadron tell the story of the Tuskegee Airmen, a name thousands of African-American men and women proudly carry.

One of these men is San Antonio native John Miles. Now 83 years old, Mr. Miles remembers when he was in his 20s as if it were yesterday. He had his whole life ahead of him when he left home for the Aircraft Mechanic Journeyman Rating School near Tuskegee, Ala., just shortly after graduating high school.

“I had other interests at that time like playing sports,” Mr. Miles said. He even had several sports-related college scholarships. But he had another calling.

“As soon as I heard about Tuskegee I knew it was what I wanted to do,” he said. “I really wanted to learn a trade and work with my hands. It sounded like a once-in-a-lifetime opportunity so I jumped on the chance.”

“We dealt with protesters outside the base every day. ...But we went on with life just the same. In the end we had the last say.”

The Tuskegee training base was relatively new when Mr. Miles got there. Before 1940, African-Americans were not allowed to fly in the U.S. military. But after much deliberation, the Army Air Corps launched the “Tuskegee Experiment” in 1941, designed to test the ability of African-Americans to fly and maintain combat aircraft.

The Army Air Corps selected Tuskegee Institute as its training hub because of its dedication to aeronautical training. It had the amenities, engineering and technical instructors and the right climate for year-round flying. It was the perfect place to become the center for African-American aviation. But the institute was by no means easy for those willing to try.

“Tuskegee was hard work,” Mr. Miles said. “We trained hard and we worked hard. But we knew what we were doing meant something. We were paving the way for future generations.”

Mr. Miles said having to deal with so many racist people at that time really added to the already stressful days.

“We dealt with protesters outside the base every day,” he said. “There were a lot of angry people who were against Tuskegee. They didn’t accept us and they made it clear every day. But we went on with life just the same. In the end we had the last say.”

Mr. Miles spent several years training and working at Tuskegee as an aircraft mechanic before taking a civil service job at Kelly Field in 1945. He said he was excited to return to San Antonio, but he would never forget his time spent at Tuskegee.

“I have so many memories,” he said. “I remember seeing (the 99th Pursuit Squadron) deploy to Italy for the war. I remember the birth of my son. I remember all the great people I met there. It is definitely a time I’ll never forget.”

Mr. Miles worked at Kelly for the next 26 years, retiring with 30 years of civil service behind him. As an aircraft mechanic, he serviced everything from the P-51, AT-6 and B-29 to the B-52 and C-5A.

Playing America’s favorite pastime

Aside from his role in the integration of African-Americans into the military, Mr. Miles also helped with the integration of African-Americans into America’s favorite past time – baseball.

While he always had a passion for the sport, he didn’t really start playing until he came to Kelly. It was while he was playing for the base team, the

Kelly Field Brown Bombers, that a Negro Baseball League scout saw him. He was immediately signed to the Chicago American Giants, earning \$300 a month plus food money.

“Here they wanted to pay me to do something I love,” he said. “You can’t beat that.”

“It was difficult sometimes being the only black man. I couldn’t stay in the hotels they did or eat in restaurants with them, but I knew I was just as good a player as any other and I loved being on that field.”

Since Mr. Miles was still working at Kelly at the time, he received special permission and used his personal time during the next four summers traveling and playing games seven days a week and twice on Sundays.

“It was definitely hard work,” he said. “We traveled all over the U.S. living out of a bus. But it was worth it just to be able to play.”

Mr. Miles hit 27 home runs in 1948, his second year in the league, to be among the league’s top hitters. The next year he led the Chicago American Giants to the second half Negro American League title. He also played with many baseball greats including Jackie Robinson, who went on to become the first African-American to play in Major League Baseball.

In 1951, Mr. Miles wrapped up his professional baseball career in the minors playing for the Laredo Apaches of the Gulf Coast League. He was the only black player on the team.

“It was difficult sometimes being the only black man,” he said. I couldn’t stay in the hotels they did or eat in restaurants with them, but I knew I was just as good a player as any other and I loved being on that field.”

Mr. Miles retired from baseball in 1951, but went on to coach and manage local baseball and basketball teams over the next eight years.

In 1975, he completed a law enforcement course at San Antonio Junior College and became a commissioned law enforcement officer.

With so many life experiences behind him, Mr. Miles now spends his days educating today’s youth about the importance of working hard and following dreams.

“The main thing I try and stress are the three A’s – attitude, attend and apply,” he said. “If children can do that, they can do anything they set their minds to.”

Mr. Miles is the widower of Bernice Miles, father of six children and grandfather of 28.



John Miles, former Tuskegee Airman, remembers working as an aircraft mechanic on the AT-6.

A Night with the Tops

Randolph Airman showcases talent with Tops in Blue

By Armando Perez
12th Flying Training Wing Public Affairs

The Tops in Blue ...*And the Beat Goes On* tour took center stage in Randolph's Hangar 4 Thursday night, performing for hundreds of base men, women and children.

Among the performers was the 12th Flying Training Wing's own Senior Airman Timothy Vidal, a saxophonist.

During the show, Airman Vidal and other performers played a variety of hits from the last four decades including songs from the Platters, Gladys Knight and the Pips, Billy Joel, Gloria Estefan, and the Weather Girls.

"I really enjoyed being able to perform in front of a Randolph audience," said Airman Vidal. "It really brought everything I've been doing over the last several months home."

Vidal said preparations for the tour were very demanding but after performances like last night it is well worth the effort.

"Before we started the tour we all had to go through a 60-day training period at Lackland perfecting the vocals, music and dance numbers," he said. "We're also our own staging crew on tour so we had to train to develop stamina to load and unload more than 43,000 pounds of equipment before and after each performance. After setting up all the staging equipment we have about 30 minutes to an hour to prepare for the show."

This year's Tops in Blue tour is scheduled to perform more than 125 shows within the United States and 25 other countries over a nine-month period.

"Performing for the Tops in Blue is the hardest and most demanding job I have been through since being in the Air Force it's almost like basic training



Senior Airman Timothy Vidal (left) of the 12th Flying Training Wing plays the saxophone during a Tops in Blue performance at Dyess Air Force Base, Texas Saturday. (Photo by Airman 1st Class Ryan Summers)

for singing and dancing," Airman Vidal said. "But what I enjoy most about performing with the group is the affect we have on people in the audience. No matter what country or which base we happen to perform at the reaction of the audience is worth all the work we put into preparing for the tour."

The tour group's next stop is Honduras where they will perform at Soto Cano Air Force Base on Sunday. From there they will tour seven more bases before landing at Lackland for another San

Antonio performance.

Once the tour wraps up, the performers go back to their duty stations and continue serving in their primary Air Force specialty.

"Though we all specialize in different areas in the Air Force our unique talents are what brings this group together year after year," Airman Vidal said. "Having the opportunity to display those talents to Air Force members and their families is a rewarding experience."

Tool time innovations: every mechanics dream

Bar codes, laser etching expedite mission success, streamline inventories

By Bob Hieronymus
Wingspread staff writer

With more than 40,000 tools and line items on hand, keeping track of them can be a challenge. Modern technology has come to the rescue again.

When the Air Education and Training Command inspectors looked at the details of how Randolph functions during the operational readiness inspection last September, they took special note of one area in particular.

The 12th Maintenance Directorate's Sortie Support Branch, which received an Excellent rating in the ORI, is using a new Tool Accountability System to manage its inventory of 40,000 wrenches, hammers, test units, tool kits and expendable cleaners. The system is working amazingly well.

Ron Bartels, branch chief, proudly shows customers the rows of cabinets and files in the tool room where those line items are stored with orderly precision.

"Five years ago we just cleared the decks down to the bare floors and started from scratch," he said. "Tool rooms aren't glamorous, but the mission won't get done without them."

The software that makes the TAS work came from Gunter AFB, Ala., where they still do the software maintenance, but the hard work of putting the system in place was all done at Randolph, Mr. Bartels said.

"Every tool box, wrench, and spool of tape carries a bar code now," he said. "Even the identification cards used by the flightline mechanics carry

a bar code. We use hand-held scanners, just like the ones you see at the checkout stand in a home improvement store, to enter the mechanic's identification into the computer and then do the same for his tool box or anything else he checks out."

The computer instantly generates the records of who, what and when the issue took place, he said. The same process takes place at the end of the day when the person checks everything in.

Another benefit of the TAS is that broken tools can be immediately identified and quickly replaced, Mr. Barthels said.

Pointing to a number etched into a wrench's surface, he added that the shop also has its own laser etching machine.

"The number tells us not only which tool it is but also where on the storage shelves in the tool room its replacements will be found," he said.

Paul Newell said he enjoys being in charge of the laser machine, but added that it is very tedious.

"It takes only a few seconds to etch in the numbers," he said. "But we have a lot of items to mark. It's taken us a few years to get this far. We use this system to mark on everything from hardened steel tools to soft plastic carrying cases."

Another benefit in the shop's centralized control process is the single point of contact for equipment vendors, Mr. Newell said.

"Having detailed, computer-



Paul Newell, 12th Aircraft Maintenance Division, prepares a tool kit for laser marking as a part of the division's tool management program. (Photo by Rich McFadden)

generated records makes it easy to order just the supplies we need without generating excess inventories of some things and shortages of others," he said.

The 11 people working in the branch work on all five types of Randolph's aircraft, so there are many different kinds of equipment required to maintain them, Mr. Bartels said. Two tool rooms, one in Hangar 40 and the other in Hangar 3, serve the line

mechanics, but the tool and expendables supply management system has been shown to do the job and do it well, he added.

The system worked out in the branch has been so successful that Mr. Bartels was sent to Laughlin AFB recently to help its unit set up a similar system.

"Its nice to be able to share the knowledge we've learned with other units," he said. "We are just happy to help."



Basketball Standings
as of Wednesday

INTRAMURAL	W	L
12 CPTS/MSS	8	0
AFPC	6	2
JPPSO	5	3
AETC CSS	6	2
12 MDG	4	4
562 INSTR	4	4
562 C FLT	2	6
12 SFS	1	7
12 CES	0	8
EXTRAMURAL		
AETC/DP	7	1
AFRS	5	1
AFPC 2	5	1
AFPC 3	4	2
AFSVA	4	2
12 LRS	4	3
AETC CSS	3	2
AFPC 1	3	3
AFMA	2	5
12 OSS	2	4
AETC/SG	1	8
19 AF	0	7



Bowling Standings
as of Feb 13

Team	W	L
AFSVA	112	48
AFPC	96	64
SVS	96	64
AETC/SC	96	64
AFMA	94	66
CS	92	68
AETC/LG	90	70
AMO	88	72
DFAS	84	76
AETC/FM	80	80
AFPOA	76	84
OSS	76	84
RATS	75	85
SFS	75	85
JPPSO	74	86
AFPC/DFSG	62	98
AFSAT	60	100
CPTS	58	102
340 FTG	58	102
MED GP	52	108

TEAM SCRATCH SERIES

Team	Score
AFPC	3146
AFSVA	2907
SVS	2744

TEAM HANDICAP SERIES

AFPC	3293
AFSVA	3282
AETC/LG	3275

TEAM SCRATCH GAME

Team	Score
AFPC	1101
AFSVA	992
RATS	965

TEAM HANDICAP GAME

Team	Score
AFPC	1150
AETC/LG	1130
RATS	1118

SCRATCH SERIES

Men	Score
George Macaluso	710
Chris Williams	673
Jerry Bradfute	651

Women

Norma Jarvinen	6
Lori Trainor	5
Wanda Gailan	5

HANDICAP SERIES

Men	Score
Gary Lempke	727
Don Walker	703
Chuck Bailey Jr.	703
Mark Hostetter	696

Women

Women	Score
Debbie Cervera	686
Ada Fromuth	685
Jenny Nichols	674

Barton's second-half heroics lift recruiters

By Master Sgt. Lee Roberts
12th Flying Training Wing Public Affairs

Air Force Recruiting Service's Lonnie Barton said he couldn't buy a basket in first-half action during Tuesday's Extramural game against a determined 12th Logistics Readiness Division team. But as the game tightened in the second half, his two treys and eight straight free throws lifted the Recruiters to victory, 53-45.

"Lonnie came through big tonight down the stretch with his free throws," said Recruiting coach James Henry after the game about Barton's 14 second-half points. "That's what he's capable of doing. His performance tonight helped us pull out a tough win. I'm pleased with that."

With 14:05 left in the game, Logistics' center Charles Bradshaw, who scored a game-high 23 points, tied the game at 29-29. That's when Barton hit the first of his three-pointers to help the Recruiters pull away.

The Recruiters built a 36-31 advantage with 7:50 to play. However, the Loggies pulled close minutes later, trailing by only 40-38 with 3:26 left in the game. Again, moments later, Barton struck from downtown with another trey.

With less than three minutes left in the game the Loggies' gas tank ran dry. They missed several shots and began fouling in hopes of slowing the tempo and possibly catching the Recruiters. The strategy didn't work as the Loggies kept fouling Barton. He hit eight straight shots at the charity stripe to seal the contest.

"In the second half they just told me to shoot the ball... so I shot it," Barton said about his hot hand behind the arc and at the foul line. "I tried not to keep track of my shots because I knew I would mess up. I just didn't think about it."

Barton said the Recruiters were happy to come away with the win because of the



Air Force Recruiting Service's Lonnie Barton, right, jumps up to block a shot by Nate Purifoy of the 12th Logistics Readiness Division during an extramural basketball game Tuesday at the fitness center. (Photo by Steve White)

fight the Loggies put up.

"They were tougher than I thought they would be," he said. "I thought they wouldn't be that fast. I think they shocked us in the first half."

It was a disappointing loss for the Loggies, but the team seemed upbeat after falling to 4-3 on the season.

"We're just trying to do the best we can with a competitive spirit to have a good time and enjoy ourselves," said Bradshaw. "With a little bit more offense we would have had it I think."

Other Loggies in the scoring column were Jeff Rodgers, 8; Martin Espinoza, 5;

Calvin Hill, 4; Nate Purifoy, 3; and Alberto Mir, 2.

Star Center Cal Robinson also had a huge game for the Recruiters as he poured in 15 points and pulled down 8 rebounds. The quiet natured center didn't have much to say after the game about his consistent play in the paint, but he did praise Barton's performance and the overall team effort.

"Barton is a good ball player and he did a great job tonight," he said.

Other Recruiters in the scoring column were Angelo Haygood, 8; Cornelius Mickle, 8; and Rick Dehonney, 6. The Recruiters now stand at 7-1 on the season.

Members share fitness goals, experiences

By Jennifer Valentin
Wingspread staff writer

With summer in the not-to-distant future, many people are looking for new ways to get in shape and lose those few stubborn pounds.

While other dieters and fitness buffs have ideas, each person will find something unique that works for them.

The following stories are examples of some plans that worked for Randolph members:

Jacqueline Gutierrez, who currently works in the small computer web applications department at the Air Force Personnel Center, recently lost 15 pounds by changing her eating and fitness habits.

"I started a diet in September, focusing on changing what I ate before getting a fitness regimen started," Ms. Gutierrez said. "I started to look for healthier options, avoiding starches, and food items with high sugar content."

Ms. Gutierrez lost two pounds a week in the first two months. As the holidays approached, she tried to maintain her weight by eating at least two healthy meals a day.

"If I ate Christmas cookies during lunch, I would make sure not to eat any sweets for the rest of the day," she said.

She focused on watching her carbohydrates intake, starches and sugars mainly, she said. However, she added, not all carbohydrates are low in calories, so calorie-intake should also be watched.

"As you get to a weight you are comfortable with, then you can start incorporating more food back into your life," said Ms. Gutierrez.

She said she realized the importance of a healthy diet after she started watching what she ate.

"I noticed that I just felt healthier overall," she said.

Ms. Gutierrez said this was the first time she ever dieted.

"I never had to watch my weight until recently," she said. "The key to sticking to a diet is determination, short term goals, and to take it one day at a time until your body gets used to it."



Ms. Gutierrez said she has set a goal to try and lose two pounds a week, until she reaches her target total weight loss.

Ms. Gutierrez also tries to incorporate an exercise routine of 30 minutes per day on the elliptical machine, and 15 minutes of Pilates exercise five days a week.

"I'm taking it week by week, trying to incorporate my new diet with my new exercise routine," she said. "I feel that with a little will power, I'll reach my goal."

Staff Sgt. Daniel Barber, 12th Communications Squadron quality assurance evaluator, also decided to make a lifestyle change recently.

"One morning, I weighed myself, and was shocked at the weight I had gained," he said. "Although I wasn't considered obese, I weighed clearly more than I thought I ever would."

Sergeant Barber decided to stick to his unit physical fitness program, exercising three times a week, but to also add his own

workout and diet to his plan.

Over a period of three months, he lost 15 pounds.

Diet was his hardest challenge, he said. He struggled to cut down on candy and sweets.

"I didn't eliminate them completely, though; that's why I think a lot of diets fail," he said. "People should treat themselves from time to time, as long as it's in moderation and they stick to their exercise routines."

Sergeant Barber said that aside from unit PT, he also plays basketball and walks when he has time.

"You have to include exercise you enjoy, otherwise it'll become a hassle," he said.

Sergeant Barber said the support of his wife was also a big factor in the success of his program.

"Her support really made a difference," he said. "Having others around, whether at home or work, who encourage you, can help you reach your goal."

Line of defense



Chip Townsend, TEAM CHIP Tae Kwon Do Centers of San Antonio chief instructor, teaches women the basics of self defense during a class Feb. 18 at the fitness center. Classes are held the third Saturday of every month. The free class is geared toward women ages 16 and older. To sign up for the class, call 652-4311. (Photo by Steve White)

SPORTS BRIEFS

Golf tournament

Randolph High School’s Project Graduation 2006 program hosts a golf tournament April 14 at the Randolph Oaks Golf Course. Proceeds from the tournament benefit the seniors’ trip to the Texas Ski Ranch in New Braunfels. To participate, call Harley Merrell at 643-9821.

Powerlifters excel at meet

Randolph High School’s powerlifters garnered numerous awards at a recent meet. The Randolph girls’ team won third place overall, while Leah Solomon took first place in the 114-pound class, and Alisha Bailey took first in the 132-pound class. Leanna Matthews won a fourth place award in the 148-pound class. Carlos Velez took fifth place in the boys’ 132-pound class and Jace Merrill won fifth place in the 165-pound class.

Personalized fitness program

Fitness center patrons can sign up for a personalized instruction class starting March 6. The first 25 people to sign up receive a free fitness assessment March 13 and learn how to choose a workout plan that works best for them using weight lifting, strength training and aerobics. For more information, call 652-5316.

Fitness introduction for seniors

The fitness center offers a fitness class for seniors April 4 from 9:30-10:30 a.m. Those members interested, can pre-register at the fitness center front desk between March 8 and April 1.